

Groups and Classes

Offered by A Safe Place To Grow Counseling
Heather C. Thompson MS, LPC, RPT

- **Creative solutions for self regulation and social skills** (coming soon)

-Boys 8-10years (spring 2020)

-Girls 8-10years (fall 2019)

Thursdays from 6:00pm-7:30pm Fee: \$65 per session

- **Creative solutions for self regulation and social skills** (coming soon)

-Middle school boys (TBD)

-Middle school girls (TBD)

Thursdays from 6:00pm-7:30pm Fee: \$65 per session

- **Adoptive and Foster parent trauma and attachment informed education and support group**

Tuesdays from 6:00pm-7:30pm October 8th-November 12th

Fees: \$50 per individual or \$75 for a couple per session

To make inquiries, reserve your spot, and for pricing email:
HeatherT.asptgc@gmail.com